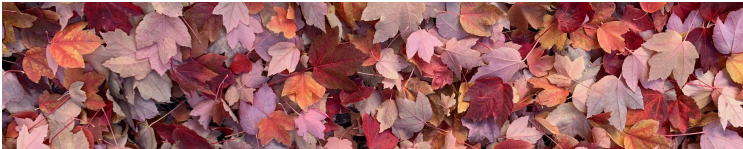


November 2025

#GratefulSCU



Santa Clara University Gratitude Month Calendar

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6							Start a Gratitude Jar Write one thing you are grateful for each day 1
7	Tell someone what you feel grateful for 2	Share your gratitude at a post-it station 3	 4	Listen to gratitude meditation or Examen 5	Visit a thank you Thursday card table 6	Photo Friday with SCU staff you appreciate 7	Learn about the Ohlone & Muwekma Ohlone Tribes 8
8	Ask someone what they feel grateful for 9	Share your gratitude at a post-it station 10	Thank a Veteran/Service Member today 11	Listen to gratitude meditation or Examen 12	Visit a thank you Thursday card table 13	Photo Friday with SCU faculty you appreciate 14	Do the SCU Native History Tour 15
9	Tell someone why you feel grateful for them 16	Share your gratitude at a post-it station 17	Thank you Tuesday, thank an SCU faculty member 18	Listen to gratitude meditation or Examen 19	Visit a thank you Thursday card table 20	Photo Friday with SCU student you appreciate 21	Share what you've learned about gratitude with someone 22
Thanksgiving Break	Ask someone who they feel grateful for 23	Write a gratitude letter and deliver it 24	Thank you Tuesday, thank an SCU staff member 25	Listen to gratitude meditation or Examen 26	 27	 28	Read through your Gratitude Jar and reflect on the month 29