

November 2026

#GratefulSCU



Santa Clara University Gratitude Month Calendar

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	Start a Gratitude Jar Write one thing you are grateful for each day 1	Share your gratitude at a post-it station 2	 3	Listen to a gratitude meditation 4	Visit a thank you Thursday card table 5	Photo Friday with SCU staff you appreciate 6	Write a gratitude letter and deliver it 7
8	Tell someone what you feel grateful for 8	Share your gratitude at a post-it station 9	Thank you Tuesday, thank an SCU faculty member 10	Thank a Veteran/Service Member today 11	Visit a thank you Thursday card table 12	Photo Friday with SCU faculty you appreciate 13	Learn about the Ohlone & Muwekma Ohlone Tribes 14
9	Ask someone what they feel grateful for 15	Share your gratitude at a post-it station 16	Thank you Tuesday, thank an SCU staff member 17	Grab a donut and coffee at Walsh Admin 8am - 9:30am 18	Visit a thank you Thursday card table 19	Photo Friday with SCU student you appreciate 20	Do the SCU Native History Tour 21
Thanksgiving Break	Tell someone why you feel grateful for them 22	Share your gratitude at a post-it station 23	Thank you Tuesday, thank an SCU student 24	Listen to a gratitude meditation 25	 26	 27	Share what you've learned about gratitude with someone 28
10	Ask someone who they feel grateful for 29	Read through your Gratitude Jar and reflect on the month 30					

www.GratitudeMonth.com Questions? Email hjazaieri@scu.edu